



Colorado Psychology
Internship Consortium

Internship Brochure

2023-2024

For more information about CO-PIC visit
www.co-pic.org or contact:

Dr. Stacie Freudenberg
CO-PIC Training Director
stacie@mybrightfuture.org

Aim: The Colorado Psychology Internship Consortium’s (CO-PIC) aim is to prepare and retain psychologists to provide high quality behavioral health care for Coloradans of all ages.

The Colorado Psychology Internship Consortium (CO-PIC) represents the collaborative effort of five organizations - Bright Future Foundation, Vail Health Behavioral Health, Your Hope Center, Code-4 Counseling, and STRIDE Community Health Center- to share resources and faculty for the purpose of providing a diversified educational program for psychology interns. Training takes place in five training sites across two geographic areas of Colorado: Eagle County and the Metro Denver Area.

Accreditation Status

The Colorado Psychology Internship Consortium (CO-PIC) received full accreditation by the Commission of Accreditation in October 2018.

Questions related to the program’s accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979
Email: apaaccred@apa.org

APPIC Membership Status

CO-PIC is an APPIC member and agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information for any intern applicant.

Program Structure and Focus Areas

The Colorado Psychology Internship Consortium (CO-PIC) offers a one-year, full-time doctoral internship beginning and ending in July each year. The 2023-24 training year will begin on July 24, 2023. The Consortium comprises five sites: three sites in Eagle County and two in the Denver Metro Area. The Consortium provides a range of clinical and didactic experiences that represent the necessary depth and breadth required for future professional practice with Colorado’s rural and underserved populations. Interns have a primary placement at one site. All interns meet in-person for shared training activities at least three times throughout the internship training year, and participate in training together virtually via videoconference on a weekly basis. Across training sites, interns complete an average of 10-20 direct contact hours per week.

Required Major Training Emphases

All sites offer the following major training emphases:

Behavioral Health Intervention

Interns across training sites spend approximately 20-25 hours per week in activities related to Behavioral Health Intervention. The consortium provides opportunities for interns to work in outpatient settings to provide individual, group, family and/or couples therapy to people from a diverse range of age groups, ethnic groups, and socioeconomic levels within a variety of therapeutic modalities. Across the consortium, service settings may include schools, primary care clinics, counseling centers, shelter/emergency safe houses, offices of the district attorney, and school-based health centers.

Consultation and Systems Collaboration

Interns across training sites spend approximately 5-10 hours per week in activities related to Consultation and Systems Collaboration. In this capacity, interns learn about community health and human service agencies and how to effectively collaborate across systems (e.g., schools, health, etc.) and professional disciplines (e.g., educators, social workers, clergy, medical staff, etc.). Examples of specific topic areas may include: Psychologists as Leaders, Coordinated Community Response (e.g., suicide prevention coalitions, disaster preparedness and response, etc.), and Grant Writing and Project Management.

Psychological Assessment

Interns across training sites spend approximately 3-5 hours per week in activities related to Assessment. Assessment experience is provided at each consortium site. Interns at every site are expected to administer, interpret, and provide written synthesis of psychological measures. Assessments may include intellectual, achievement, personality, forensic, integrated assessments focused on improving health outcomes, and/or competency-based measures. Interns have opportunities to write reports and make recommendations that convey meaningful information to clients and collateral parties. While each site varies on the number and type of referrals, interns engage in an average of four hours of assessment per week.

Elective Focus Areas

All sites offer elective training opportunities, which differ across sites. Please refer to the individual site descriptions for more information. Elective opportunities are determined based upon supervisor approval, the resources within each training site, and the specific interests and experience of the intern. Interns may spend approximately 3-5 hours per week engaged in elective training activities.

CO-PIC Goals and Objectives

Overarching Program Aims:

The aim of CO-PIC is to train and retain psychologists to increase access to mental health care for under-resourced Coloradans.

Training Competencies:

Our program offers one-year, full time internship positions at three sites in Colorado. It is expected that by the conclusion of the internship year, interns will be competent in the following areas:

Competency 1: Interns will achieve competence appropriate to their professional developmental level in the area of **Behavioral Health Intervention**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Case conceptualization and treatment planning
- ❖ Crisis intervention
- ❖ Therapeutic skills
- ❖ Group therapy provision

Competency 2: Interns will achieve competence appropriate to their professional developmental level in the area of **Evidence Based Practice in Assessment**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Diagnostic skill
- ❖ Instrument selection, administration, and scoring
- ❖ Test interpretation
- ❖ Clinical formulation
- ❖ Report writing
- ❖ Communicating results

Competency 3: Interns will achieve competence appropriate to their professional developmental level in the area of **Consultation / Interprofessional / Interdisciplinary**

Objectives related to this goal include the achievement of competence in the following:

- ❖ Multidisciplinary collaboration
- ❖ Theories and methods of consultation

Competency 4: Interns will achieve competence appropriate to their professional developmental level in the area of **Supervision**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Theories and methods of supervision
- ❖ Effective provision of supervision

Competency 5: Interns will achieve competence appropriate to their professional developmental level in the area of **Cultural and Individual Diversity**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Cultural awareness
- ❖ Effects of cultural considerations on clinical activities
- ❖ Evidence-informed approach to cultural considerations

Competency 6: Interns will achieve competence appropriate to their professional developmental level in the area of **Research**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Application of scientific knowledge to practice
- ❖ Program evaluation
- ❖ Scholarly Activities

Competency 7: Interns will achieve competence appropriate to their professional developmental level in the area of **Ethical and Legal Standards**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Knowledge of ethical, legal, and professional standards
- ❖ Adherence to ethical principles and guidelines

Competency 8: Interns will achieve competence appropriate to their professional developmental level in the area of **Professional Values and Attitudes**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Professional awareness
- ❖ Interpersonal relationships
- ❖ Self awareness
- ❖ Clinical documentation
- ❖ Case Management
- ❖ Effective use of supervision

Competency 9: Interns will achieve competence appropriate to their professional developmental level in the area of **Communication & Interpersonal Skills**.

Objectives related to this goal include the achievement of competence in the following:

- ❖ Provide clear effective written communication
- ❖ Exemplify respectful and professional interpersonal skills

Supervision

One licensed psychologist serves as the primary clinical supervisor at each consortium site. All interns have the opportunity to receive supervision from at least 4 doctoral-level licensed psychologists over the course of the year. Interns receive a minimum of four hours of supervision per week, which includes a minimum of 2 hours per week facilitated by their primary site supervisor who is a licensed psychologist. Interns receive additional supervision based on their rotation or individual training plans by appropriately credentialed supervisors. Individual supervisors maintain overall responsibility for all supervision, including oversight and integration of supervision provided by other professionals. Supplemental weekly individual supervision is provided by supervisors of elective focus area experiences, as needed, and may be provided by other appropriately credentialed professionals.

Telesupervision Policy

Rationale for Telesupervision: CO-PIC values clinical and professional supervision and wants to provide every opportunity for interns to receive high-quality supervision during their training year. Given that CO-PIC is a distance consortium, telesupervision is a necessary format to allow the cohort to receive supervision from multiple consortium supervisors, regardless of location. Whenever possible, it is the expectation that interns receive in-person supervision; however, the

program recognizes that circumstances may arise that create the need to consider alternative routes to delivery of high-quality supervision. Because consistent access to and continuity of supervision is foundational to training and practice, the program has adopted a Telesupervision Policy to guide the provision of supervision via a virtual format. The use of videoconference technology for supervisory experiences is consistent with CO-PIC's model and training aim as CO-PIC places a strong training emphasis on access to behavioral healthcare in rural and underserved areas, which often includes the use of telehealth services.

Adherence to APA Standards and Regulations: The internship program adheres to the telesupervision requirements issued by the APA Commission on Accreditation (APA CoA) through its Standards of Accreditation and corresponding Implementing Regulation. Notably, this policy does not supersede, reduce or alter supervision requirements in the internship Supervision Policy.

APA CoA Definitions and Distinctions:

1. Telesupervision: supervision (as defined in the supervision policy) of psychological services through a synchronous audio and video format where the supervisor is not in the same physical location as the trainee.
2. In-Person supervision: supervision of psychological services where the supervisor is physically in the same room as the trainee.

APA CoA Guidelines and limits: The internship program observes the guidelines and limits set forth by the APA CoA regarding Telesupervision which are as follows:

1. Telesupervision may not account for more than one hour (50%) of the minimum required (as defined in the SoA) two weekly hours of individual supervision, and two hours (50%) of the minimum required (as defined in the SoA) four total weekly hours of supervision.
2. Supervision beyond the minimum number of required hours may utilize methods are modalities that are deemed appropriate by CO-PIC.

Criteria for Telesupervision Usage: Telesupervision will be used in the following circumstances:

1. To provide regularly scheduled group supervision to the entire CO-PIC intern cohort.
2. When specialized clinical supervisory expertise is contingent upon using telesupervision and would otherwise be unavailable to the trainee.
3. When public health issues impact the safety of in-person supervision.

Privacy and Compliance: Approved telesupervision of clinical services will be conducted using HIPAA compliant software. No non-HIPAA compliant software will be allowed for telesupervision use. In an effort to protect privacy and confidentiality, telesupervision sessions are never recorded. All interns are provided instruction regarding the use of the videoconferencing equipment at the outset of the training year. Technical difficulties that cannot be resolved on site are directed to the intern's site IT department.

For all clinical cases discussed during telesupervision, full professional responsibility remains with the intern's primary supervisor, and any crises or other time-sensitive issues are reported to that supervisor immediately. Interns are provided contact information for all CO-PIC supervisors, including email and phone numbers, so crises and time-sensitive information can be reported as necessary.

Required Intern Shared Training Opportunities

CO-PIC interns meet in person at least three times during the training year. Interns participate in three structured in-person meetings throughout the training year including: a 2-day shared orientation at the outset of the training year, a 1-day mid-year meeting, and a 2-day wrap-up / graduation celebration at the end of the training year. Additionally, interns are brought together an additional times during the training year to attend the Annual University of Denver Post-Doctoral Symposium, and local/state/regional conferences or presentations that vary year to year based on availability and interns' interests.

COVID-19 Update: Please note, CO-PIC is monitoring the outbreak of COVID-19 and will make every effort to offer these training opportunities in person, if it is safe to do so. If the current climate poses a risk to safety, training opportunities may be held virtually to minimize COVID-19 exposure risk. Similarly, in-person community training opportunities may be held virtually in accordance with CDC guidelines.

Research

Research opportunities vary across consortium sites.

Stipend, Benefits, and Resources

The annual stipend across all consortium sites is \$28,348. Health benefits are provided to all interns by their primary internship sites. Specific benefits vary across sites. Annual vacation, professional, and sick leave are provided to all interns and are consistent with each site's HR policies for first year staff. Each site will provide information in writing regarding the specific benefits offered.

Interns are connected to the Colorado Psychological Association (CPA) Board, members, and educational/networking activities for leadership and professional development opportunities.

CO-PIC interns have access to numerous resources. Funding for travel within the state of Colorado is provided in order for interns to complete required training experiences. Assessment and other training materials are provided by each training site, and additional materials that may be needed may be purchased using consortium funding with Training Committee approval. Each intern additionally has access to administrative and IT support through their primary training site.

Application Process and Selection Criteria

The Consortium offers five full-time positions. Students interested in applying for the internship program should submit an online application through the APPIC website (www.appic.org).

A complete application consists of the following materials:

1. A completed Online AAPI (APPIC's standard application)
2. Cover letter (part of online AAPI) stating your preferred training site(s) and why you are interested in those sites specifically (applicants can indicate their interest in more than one site within the consortium in the cover letter)
3. A current Curriculum Vitae (as part of the online AAPI)

4. A minimum of two standardized reference forms, two of which must be from persons who have directly supervised your work (as part of the online AAPI). Please submit no more than four letters.
5. Official transcripts of all graduate coursework
6. Supplementary materials:
 - One full assessment report integrating both cognitive and personality measures
 - One-page clinical case conceptualization

***All samples must be de-identified, removing all identifying client information. Breaches of confidentiality within submitted samples will disqualify your application for further consideration and your program's Director of Clinical Training will be notified.*

All application materials must be received by **November 16, 2022** in order to be considered. If applicants are invited to interview, they will be notified by email on or before the **November 30, 2022** deadline. Interviews will be scheduled in mid-January and will occur either in person or via videoconference. In-person interviews are strongly preferred; however, due to COVID precautions, virtual interviews may be offered for the 2023 interview cycle.

CO-PIC will base its selection process on the entire application package noted above; however, applicants who have met the following qualifications prior to beginning internship will be considered preferred:

1. A minimum of 500 intervention hours;
2. A minimum of 50 assessment hours;
3. Dissertation proposal defended;
4. Current enrollment and good standing in an APA-accredited doctoral program; and
5. Some experience or special interest in working in rural areas and with underserved populations.

In addition to the preferences noted above, CO-PIC takes into consideration the potential commitment or interest of any prospective intern to remain in Colorado following internship. Developing a strong behavioral health workforce is an important consideration for the state, and an interest in remaining in Colorado to join the workforce will be considered a benefit in a potential intern.

All interns who match to CO-PIC sites must provide proof of citizenship or legal residency and must successfully pass a background check before beginning employment. The intern at STRIDE and VHBH also must provide results from a tuberculosis (TB) screening test from the previous 12-months. **All CO-PIC sites require interns to provide proof of vaccination for COVID by the start of internship.** Interns may also be required to maintain vaccination status with boosters as suggested by the CDC throughout their internship year. Instructions for providing information or completing the background check will be sent out to all who match after the match is complete.

CO-PIC's training is based on the Practitioner-Scholar model. CO-PIC trains interns to practice as psychologists who are effective consumers of research and who utilize scholarly inquiry to inform their practice. CO-PIC offers generalist training, with the opportunity for specialized

elective training that varies across training sites. More information about each training site and the resources and opportunities offered by each is provided below.

Questions regarding the application or interview process may be directed to the CO-PIC Training Director, Dr. Stacie Freudenberg (stacie@mybrightfuture.org).

Intern Expectations

The CO-PIC training program is a year-long, full-time doctoral internship experience. Interns are expected to complete 2000 hours of training during the year. Interns are also expected to achieve the goals and objectives of the internship program, as stated below, and to abide by the APA Code of Ethics, the requirements of the CO-PIC training program, and the policies and procedures of their employer.

CO-PIC has a comprehensive Due Process procedure which outlines the processes for addressing concerns about intern performance, as well as interns' concerns about training. These procedures are provided in hard copy to all interns during orientation and are available for download at www.co-pic.org under the menu item "Policies and Procedures".

CO-PIC Intern Weekly Hour Breakdown

Training Type	Hours
Behavioral Health Intervention	20-25
Consultation & Systems Collaboration	5-10
Assessment	3-5
Didactic	2-3
Site Specific Focus Area	3-5

CO-PIC Training Sites

The consortium includes the following sites:

Bright Future Foundation (Eagle County, CO)

2 Full-Time Funded Positions

General Information

Location: Bright Future Foundation is situated within the Colorado's mountain resort community of the Eagle River Valley; most commonly referred to as the Vail Valley or Eagle County. Eagle County is located 100 miles West of Denver International Airport and spans approximately 1,700 square miles of mountainous terrain within the central Rocky Mountains. We are most well known as home to two World Class Ski Resorts: Vail Resorts and Beaver Creek Resort Company. Eagle County is comprised of 12 towns that range in population from 15 to 10,266. Most recent

census data indicates a total population of 55,127. Over half (62%) of the county's population identifies as Hispanic or Latino. Approximately 31% speak a language other than English in their home.

Bright Future Foundation provides outpatient services at a variety of settings including: our counseling offices, our safehouse/emergency shelter, local hospital/medical facilities, law enforcement agencies, and the justice center. Bright Future Foundation maintains two office locations: 1) Executive Administrative Office-located in Avon, 2) Bright House Office-located in Gypsum. Interns may be placed at either office for their internship year. Although local transit options are available, Bright Future Foundation requires interns to have reliable transportation to travel between sites as needed. Local transportation options can be limited and time consuming, especially given the geographical breadth of our service population.

Organization:

Incorporated in 1983, Bright Future Foundation has been serving survivors and families impacted by interpersonal violence in Eagle County for over 30 years. In 2017 and 2020, Bright Future Foundation was named Eagle County's Nonprofit of the Year by the Vail Valley Partnership. As Eagle County's only domestic violence and sexual assault survivor response agency, Bright Future Foundation strives to break the generational cycle of violence by delivering services that provide immediate relief to families and individuals in need. Specifically, we provide services to survivors and families impacted by interpersonal violence, which includes: Gender-Based Violence, Interpersonal Violence, Domestic Violence, Emotional Abuse, Sexual Assault, Stalking, Child Maltreatment, Human Trafficking, Dating Violence, and Bullying. All interns gain substantial experience providing clinical services to survivors impacted by acute, chronic, and cyclical abuse.

Bright Future Foundation utilizes proactive and culturally sensitive services that create sustainable emotional, behavioral, and community change. Core services are available in both English and Spanish and include: 24/7 Crisis Hotline, Counseling/Psychological Services, Freedom Ranch Safehouse/Emergency Shelter, Victim Advocacy, Legal Advocacy and Representation, School-Based Violence Prevention, Transitional Housing Program, Youth Advocacy, and the Buddy Mentorship Program.

Direct clinical services include individual psychological services for adults, adolescents, and occasionally families. Bright Future Foundation has been elected as the only non-profit in the 5th Judicial District to provide court-appointed parenting classes that focus on parenting through divorce, conflict resolution, and collaborative parenting.

We provide several training opportunities to interns throughout the academic year, including attendance at the Colorado Organization for Victim Assistance (COVA) and the Colorado Coalition Against Domestic Violence (CCADV)/Colorado Coalition Against Sexual Assault (CCASA) conferences. Bright Future Foundation also places strong importance on the development of a work/life balance. As such, we provide opportunities (as available) to attend social and cultural events held in the community, such as the Bravo Music Festival, the International Dance Festival, as well as musical and musical theatre productions.

Population Served

Survivors and Families Impacted by:

- ❖ Gender-Based Violence
- ❖ Interpersonal Violence
- ❖ Domestic Violence
- ❖ Sexual Assault
- ❖ Stalking
- ❖ Human Trafficking
- ❖ Dating Violence
- ❖ Bullying
- ❖ Acute, Chronic, and Cyclical Abuse

African American 3 %; American Indian 0 %; Asian American 1 %; Euro-American 21%; Hispanic American 75%; Mid-Eastern American %; Gay/Lesbian/Bisexual 15%; Rural clients: 100%.

Eagle County provides a unique field placement opportunity, as a large number of clients are undocumented or temporary visa workers and often encounter gender-based violence in which their immigration status is directly threatened. Additionally, many of our clients experience substantial, chronic trauma in their country of origin, including terrorism and genocide. Due to our site's resort community location, we also have cases directly involving human trafficking.

The Internship Experience

Interns placed at Bright Future Foundation are engaged in a variety of services offered by our organization. The intern's primary clinical responsibilities are within our counseling and psychological services program. This includes individual and, occasionally, family therapy, as well as the completion of psychological assessments. Interns will have the opportunity to create and facilitate therapy groups if they so choose. Interns will actively participate in a multidisciplinary team and are thoroughly trained and supervised on therapy cases and psychological assessments to ensure a high level of competence. Additional intern responsibility includes providing coverage for our 24/7 crisis line, crisis response for forensic and sexual assault nurse exams, community-based consultation services, facilitating community trainings/workshops, and facilitating court-appointed workshops focusing on "Parenting through Divorce."

Bright Future Foundation embraces an integrative view with regard to the therapeutic approach to clinical work that frequently incorporates modalities such as Feminist Theory, CBT, Mindfulness, Somatic Experiencing, Relational, Intergenerational Trauma Transmission Awareness, Seeking Safety, and Assertiveness Training. Bright Future Foundation strongly supports continuing education and training. We also encourage and provide alternative therapy treatments such as canine-assisted therapy, art therapy, and activism-oriented interventions.

Interns will receive a minimum of two hours of individual supervision each week from their primary supervisor (licensed psychologist). An additional 2 hours of supervision will be provided by appropriately licensed professionals and may include individual and/or group supervision. Interns also participate in bi-weekly didactics with the CO-PIC intern cohort. Supplemental weekly individual supervision may be provided by other appropriately credentialed professionals and by supervisors of elective focus area experiences, as needed. Additionally, interns will participate in our agency's weekly multidisciplinary case consultations.

Dr. Freudenberg has extensive experience working with culturally diverse populations. In addition, our organization employs advocates who are bilingual/ bicultural. These individuals are available for supervision, as well as consultation services. Additional training opportunities focused on cross-cultural foundations of trauma are provided throughout the academic year through local trainings and consortium didactic training.

Interns will receive assessment experience with both child and adult populations. Bright Future Foundation provides two types of assessment services:

1. (Major Focus) Psychological evaluations for asylum and immigrant populations seeking documentation status through VAWA Visa, U-Visa, or T-Visa.
2. (Minor Focus) Academic/ learning assessments, which focus on the identification of learning disabilities, attention-based disabilities, or mood disorders.

The intern will receive supervision and training on all assessments utilized at Bright Future Foundation which may include, but are not limited to: Wechsler Intelligence Scale for Children (WISC-V), Wechsler Adult Intelligence Scale (WAIS-IV), Weschler Individual Achievement Test (WIAT-III); Minnesota Multiphasic Personality Inventory (MMPI-II), Minnesota Multiphasic Personality Inventory for Adolescents (MMPI-A), Thematic Apperception Test (TAT), Projective Drawings, Sentence Completion, Gray Oral Reading Test (GORT-5); Comprehensive Test of Phonological Processing (CTOPP-2); Beery Test of Visual Motor Integration; Trauma Symptom Checklist for Children (TSCC), Behavioral Assessment System for Children (BASC), Multidimensional Anxiety Scale for Children (MASC-II), Children's Depression Inventory (CDI), CAPS-5, PCL-5, PHQ-9, GAD-7, BAI, BDI, Full Clinical Interview, and Mental Status Exam.

Elective Focus Areas:

The intern will have the opportunity to create and focus on at least 2 elective focus areas during the internship year. Elective focus areas are selected based on intern interest and community need. Examples of previously created specialty areas are:

- ❖ School-based Intervention
- ❖ Primary Prevention Campaigns/Social Norm Campaign/Youth Outreach Services
- ❖ Crisis Counseling and Emergency Response
- ❖ Grant Writing/Program Development
- ❖ Trial Consultation/Expert-Witness Testimony/Legal Response
- ❖ Law Enforcement Consultation/Training
- ❖ LatinX Community Outreach
- ❖ Suicide Prevention Training, Assessment, and Leadership
- ❖ Legislative/Policy Development
- ❖ Healing Trauma Through Activism Trainings
- ❖ Anti-stigma Campaigns
- ❖ LGBTQ+ Outreach

Additional Areas of Focus:

In addition to direct client service, interns may have the opportunity to provide weekly individual clinical supervision to a masters or doctoral level extern. Interns receive supervision on the provision of supervision and are exposed to didactic discussions that focus on the theories of supervision, reflective supervision, and ethical responsibilities of supervisors.

All interns actively participate in coordinated community response meetings, as well as community outreach opportunities. Bright Future Foundation coordinates and provides leadership across a variety of community councils. These include Speak Up Reach Out (SURO) suicide prevention coalition, Eagle County's Sexual Assault Response Team (SART), Child Protective Team (CPT), Child Fatality Review Team, The Total Health Alliance Initiative, and DVOMB perpetrator review team. Specific areas of focus are determined based on community need and intern interest.

Psychology trainee qualifications needed

Interest and experience in social justice, trauma treatment, gender-based violence, and crisis intervention are strongly recommended. **Bilingual (Spanish/English) students are strongly encouraged to apply.**

Code-4 Counseling (Lone Tree, CO)

1 Full-Time Funded Position

General Information:

Code-4 Counseling is located in the South Metro area of Denver (northern Douglas County directly adjacent to Arapahoe County), located 18 miles south of Denver's downtown. Code-4 Counseling provides mental health services to local responder agencies including Douglas County Sheriff's Office, Arapahoe County Sheriff's Office, South Metro Fire Rescue, Lone Tree Police Department, as well as a number of additional responder agencies in the Denver Metro region and across the state of Colorado. Public transportation is easily accessible within Lone Tree with five Bus & Rail stops in Lone Tree; however, much of our work is done on-site for agencies outside of our physical office location; therefore, Code-4 Counseling requires interns to have reliable transportation to travel between sites and to respond immediately to crisis needs should they arise. Keep in mind that some travel may include mountain driving during winter months.

Organization:

Code-4 Counseling, LLC was founded by Dr. Sara Metz and her husband, Nick Metz (retired Chief of Police) in September 2017 with a mission of supporting the people and organizations that serve and protect our communities each day. Direct clinical services include both individual psychological services for sworn and civilian responder personnel (law enforcement, fire, EMS) and their family members (adolescent dependents, spouses/partners) as well as couples counseling. In addition, we respond to agencies that require assistance following a critical incident (officer-involved shooting, line-of-duty death, or other traumatic event impacting personnel). Code-4 Counseling also offers customized consulting and training mental health services to emergency responders and front-line healthcare professionals across the state of Colorado, and beyond. Training and consulting opportunities may include providing mental health training to personnel, assisting in the completion of an agency wellness program needs assessment, facilitation of psychoeducational webinars for personnel and their families, etc.

Population:

Emergency Responder and Frontline Healthcare Professionals in need of support managing issues related to:

- ❖ Work-related trauma exposure
- ❖ Post-trauma stress symptoms
- ❖ Substance abuse
- ❖ Grief and Loss

- ❖ Suicidal Ideation
- ❖ Relationship distress

The Internship Experience:

Interns placed at Code-4 Counseling are engaged in a variety of services offered by our organization. The intern's primary clinical responsibilities are within our counseling and psychological services program. This includes individual and couples counseling, as well as occasional family counseling. Responsibilities will also include phone intakes, safety plan development, and follow-up care for new clients, some of whom may be in crisis. Interns will also have the opportunity to assist with training if they choose and if they are determined to be both comfortable and skilled at public speaking. Interns are thoroughly trained and supervised on therapy cases to ensure a high level of competence. Additional intern responsibility may include crisis response for critical incidents or clients in crisis (these can occur 24/7 so reasonable flexibility is needed), engaging in "ride-along" opportunities with police and fire personnel, fire station and dispatch center visits and wellness checks, facilitating psychoeducational workshops and therapy groups, developing handouts, and assisting with wellness needs assessments (one-on-one interviews, facilitating focus groups, report writing, etc.).

Code-4 Counseling, LLC embraces an integrative view with regard to the therapeutic approach to clinical work that frequently incorporates modalities such as Cognitive-Behavioral Therapy, Dialectical Behavioral Therapy, Solution-Focused Therapy, and Cognitive Processing Therapy. Additionally, Code-4 emphasizes the Gottman Institute when working with couples and offers the opportunity for interns to receive specialized training in this approach if they choose. We have a strong focus on training and providing trauma-informed care given the exposure to trauma the majority of our clients experience. We also encourage alternative therapy treatments such as canine-assisted therapy (Code-4 has two therapy dogs, Elton and Lync, that are often available to both clients and clinicians at the office).

Interns will receive a minimum of two hours of individual supervision each week from their primary supervisor (licensed psychologist) and at least one additional hour of group supervision and case consultation with our entire team. Interns also participate in weekly didactics with the CO-PIC intern cohort. Supplemental weekly individual supervision will be provided by other credentialed professions and by supervisors of elective focus area experiences as needed.

Elective Focus Areas:

Interns will have the opportunity to create and focus on an elective focus during the internship year. Elective focus areas are selected based on intern interest and agency need. Examples of specialty focus areas may include:

- ❖ Suicide Prevention and Intervention Training
- ❖ Responder Relationship Support Workshops

- ❖ LGBTQ+ Outreach for responder and healthcare personnel
- ❖ Post-trauma Growth initiatives
- ❖ Substance Abuse support groups
- ❖ Crisis Counseling and Emergency Response
- ❖ Responder and Healthcare Wellness Program Needs Assessments

Additional Areas of Focus:

In addition to direct client service, interns will have the opportunity to provide weekly individual clinical supervision to a masters or doctorate level extern. Interns receive supervision on the provision of supervision and are exposed to didactic discussions that focus on the theories of supervision, reflective supervision, and ethical responsibilities of supervisors.

Psychology trainee qualifications needed:

Interest and experience working with responder and/or front-line healthcare professionals is strongly recommended. Experience providing trauma-informed care is required.

Your Hope Center of Eagle River Valley (Eagle County, CO)

- 1 Full Time Funded Position- Crisis Response Track
- 1 Full-Time Funded Position- School Based/Child Track

General Information

Location: Your Hope Center is situated within the Colorado's mountain resort community of the Eagle River Valley; most commonly referred to as the Vail Valley or Eagle County. Eagle County is located 100 miles West of Denver International Airport and spans approximately 1,700 square miles of mountainous terrain within the central Rocky Mountains. We are most well known as home to two World Class Ski Resorts: Vail Resorts and Beaver Creek Resort Company. Eagle County is comprised of 12 towns that range in population from 15 to 10,266. Most recent census data indicates a total population of 52,197. Over half (62%) of the county's population identifies as Latinx. Approximately 31% speak a language other than English in their home.

Through a collaborative effort with our community partners, Your Hope Center extends a beacon of hope to those in emotional crisis and offers a continuum of comprehensive care. Your Hope Center's 24/7 crisis response team responds to various locations in the community to conduct crisis assessments, interventions, recommendations, and follow-services. These locations include Vail Health Hospital, The Eagle County Detention Center, Medical offices and community residences. At times, law enforcement dispatches the crisis clinician to community locations as well including Hotels and business establishments. The Hope Center School Based team provides outpatient services within 14 schools in Eagle County.

Although local transit options are available, Your Hope Center requires interns to have their own transportation. Local transportation options can be limited and time consuming, especially given the geographical breadth of our service population. The interns own transportation is necessary to respond immediately to agency needs.

Organization

The mission of Your Hope Center is that through a collaborative effort with our community partners, Your Hope Center extends a beacon of hope to those in emotional crisis and offers a continuum of comprehensive care. Your Hope Center provides both Mobile Crisis Co-Response Services and School-Based Intervention. Your Hope Center is an inclusive, professional agency that values and respects clients, families, community partners and employees. The organization recognizes the infinite worth of every individual, and we are honored to serve all community members.

Michelle Muething and Sandy Iglehart, along with other members of a visionary team, founded The Aspen Hope Center as a result of a needs assessment conducted in 2009 by the University of Colorado's Helen and Arthur E. Johnson Depression Center. The Aspen Hope Center was launched providing a mobile crisis program to assist first responders in diffusing crisis events creating a much needed resource for individuals experiencing a mental health crisis.

In October of 2018, Your Hope Center was created and has grown into an independent 501(c)3 as of January 2021 to build upon the model created in Aspen, CO and provide mental health support in the Eagle River Valley to meet the specific needs of our community. Your Hope Center partners with First Responders, Eagle County School District and organizations throughout the region to keep our community members safe.

In addition to crisis services and in partnership with Eagle County Schools, Your Hope Center school-based clinicians address the rise of socio-emotional challenges facing children and teens through access to walk-in therapeutic services in thirteen schools in our community. Students can receive counseling, at no charge, throughout the school day from Hope Center school-based therapists. Hope Center therapists work with teachers, administrators, and school counselors to provide direct support to students with individual or group counseling sessions.

We provide several training opportunities to interns throughout the academic year, including advanced suicide risk assessment, psychological autopsy training, threat assessment, crisis response, safety planning, and Trauma Focused CBT (TF-CBT). Interns will also have the opportunity to participate in additional trainings offered by our partner agencies.

Population Served

Your Hope Center provides crisis response services to all individuals across the lifespan experiencing a mental health crisis, regardless of race, ethnicity, culture, and gender identification. Your Hope Center's school-based services offer therapy services to school aged individuals so that they may receive comprehensive, barrier free access to therapeutic services. Additionally, the Hope Center typically serves individuals who experience barriers to access to

treatment including financial difficulties as well as individuals lacking stable and appropriate housing.

The Internship Experience

Interns placed at Your Hope Center are engaged in a variety of services offered by our organization. Interns will receive a minimum of two hours of individual supervision each week from their primary supervisor (licensed psychologist). An additional 2 hours of supervision will be provided by appropriately licensed professionals and may include individual and/or group supervision. Interns also participate in weekly didactics with the CO-PIC intern cohort. Supplemental weekly individual supervision may be provided by other appropriately credentialed professionals and by supervisors of elective focus area experiences, as needed.

There are two distinct internship tracks available at Your Hope Center: Crisis Response and the School Based/Child Team.

Crisis Response Track (1 FT funded position)

Your Hope Center offers 24/7 crisis support for Eagle County residents. Within the crisis track, the intern will spend four days of the week responding to crisis needs in the community, both in person and via phone. Your Hope Center offers a mobile crisis co-response model where interns will co-respond to mental health calls with law enforcement and paramedics to facilitate risk assessments, de-escalation, and resource connection. Additional intern responsibility includes providing coverage for our 24/7 crisis line on a rotating basis. The crisis response intern will also spend one full day dedicated to didactics, supervision, and training. The intern's primary clinical responsibilities are within our crisis response team and include crisis evaluations, phone intakes, safety plan development, collaboration with other agencies, and follow-up care. Interns will work with individuals in crisis across the life-span. Additionally, interns will receive crisis related assessment experience to include, at minimum, the utilization of the Full Clinical Interview, Mental Status Exam, and Columbia Suicide Severity Rating Scale to assess suicide risk. Additionally, interns will participate in monthly team meetings with the crisis team as well as monthly meetings with partner agencies including Community Paramedics and local law enforcement agencies.

Interns placed in the Crisis Response Track will also have the opportunity to provide short-term intensive community based-stabilization as part of our Community Stabilization Program (CSP). This program provides brief youth, individual, and family therapeutic support to individuals needing intensive stabilization that do not require hospitalization. Clinical interventions in this program may include: safety planning; motivational interviewing; CBT; communication skills building; setting healthy boundaries. This program often provides intensive outpatient services for individuals being discharged back to our community from a higher level of crisis care. Evening and weekend hours may be necessary to facilitate CSP programming and crisis response.

School Based/Child Track (1 FT Funded Position)

Supporting the well-being of our youth is a top priority at Your Hope Center. Your Hope Center therapists are co-located in 14 schools throughout the Eagle River Valley. Within the school based/child track, interns will spend four days a week providing school based counseling to children and adolescents in elementary and high school. Interns will be offered school placements based on intern experience and interest. These services will include individual therapy, group therapy, family therapy, formal psychological assessments, and professional consultation and systems collaboration. Interns will also spend one full day dedicated to didactics, supervision, and training. Interns will work closely with teachers, administrators, and school counselors to provide direct support to students with individual or group counseling sessions. Interns interested in providing services in the schools will have the opportunity to develop a case load within the school setting to include longer term individual therapy, group therapy, family therapy, and collaboration with other professionals within the school and assessments. Additionally, interns will participate in monthly team meetings with the school team, as well as monthly meetings with partner agencies.

The intern will receive supervision and training on all assessments utilized at the Hope Center, which may include, but are not limited to: Wechsler Intelligence Scale for Children (WISC-V), Wechsler Adult Intelligence Scale (WAIS-IV), Weschler Individual Achievement Test (WIAT-III); Thematic Apperception Test (TAT), Projective Drawings, Sentence Completion (Johns), Gray Oral Reading Test (GORT-5); Comprehensive Test of Phonological Processing (CTOPP-2); Beery Test of Visual Motor Integration; Conner's Continuous Test of Auditory Attention; Trauma Symptom Checklist for Children (TSCC), Behavioral Assessment System for Children (BASC), Multidimensional Anxiety Scale for Children (MASC), Children's Depression Inventory (CDI), Child Behavior Checklist (CBCL), CAPS-5, PCL-5, PHQ-9, GAD-7, BAI, BDI, Full Clinical Interview, and Mental Status Exam.

Elective Focus Areas (both tracks):

The interns will have the opportunity to create and focus on at least 2 elective focus areas during the internship year. Elective focus areas are selected based on intern interest and community need. Examples of possible specialty areas are:

- ❖ School-based Intervention
- ❖ Primary Prevention Campaigns/Social Norm Campaign/Youth Outreach Services
- ❖ Crisis Counseling and Emergency Response
- ❖ Program Development
- ❖ Law Enforcement Consultation/Training
- ❖ Latinx Community Outreach
- ❖ Suicide Prevention Training, Assessment, and Leadership
- ❖ Anti-stigma Campaigns
- ❖ LGBTQ+ Outreach
- ❖ Community Stabilization Program

Additional Areas of Focus:

In addition to direct client service, interns may have the opportunity to provide weekly individual clinical supervision to a masters or doctoral level extern. Interns receive supervision on the provision of supervision and are exposed to didactic discussions that focus on the theories of supervision, reflective supervision, and ethical responsibilities of supervisors.

All interns actively participate in coordinated community response meetings, as well as community outreach opportunities. Your Hope Center partners with multiple community partners including Community Paramedics, Law Enforcement Agencies, The Detention Facility, Vail Health, Speak up Reach Out, Hearts Rein, Bright Future Foundation, Eagle County School District, and the Department of Human Services. Specific areas of focus are determined based on community need and intern interest.

Psychology trainee qualifications needed:

Interest in crisis assessment and response is required for the crisis track. Experience in crisis intervention and short term therapy are strongly recommended. Experience and interest in working with children and adolescents are strongly recommended for the school-based track. Bilingual (Spanish/English) students are strongly encouraged to apply.

Contact Information

Site Director: Teresa Haynes, Psy.D.

Email address: teresa@yourhopecenter.org

Phone: 970-389-0621

Website: www.yourhopecenter.org

Mailing address: PO Box 2127, Eagle, CO 81631

STRIDE (Denver Metro Area)

1 Full Time Funded Position

General Information

STRIDE is a nonprofit organization and federally qualified health center (FQHC) whose vision is individuals empowered to live the lives they want through personalized, compassionate healthcare. STRIDE prides itself in providing low cost healthcare in Colorado. Our network of services is spread across twenty-three health centers located throughout the metropolitan Denver area, in Arapahoe, Jefferson, Douglas and Adams Counties and in the Cities of Aurora, Lakewood, Edgewater, Englewood, Littleton, Centennial, Arvada, and Parker; essentially horseshoeing the city and county of Denver, Colorado. No families or individuals are ever turned away because of their inability to pay. STRIDE's mission is to *Partner with the Community to Provide Excellent, Culturally Sensitive Health Services to Meet the Needs of Each Individual...Every Touch, Every Time*. STRIDE is committed to expanding and creating an infrastructure that provides excellent healthcare and wraparound services to our communities.

Organization:

STRIDE is one of the largest Regional Care Collaborative Organization (RCCO) and Medicaid providers in the state. In fiscal year 2013, STRIDE served nearly 40,000 individuals; 74% of those served being at or below poverty level. An analysis of recent data revealed nearly 80% of accountable care patients assigned to STRIDE have a behavioral health component to their medical conditions. This highlights the continued need to integrate behavioral health while also addressing primary care needs. STRIDE has evolved over the last two decades to become a leader in providing integrated health care to its patients. As a result, patients with co-occurring disorders have experienced an increase in access to care and better health outcomes.

The Mission of the STRIDE Behavioral Health Team is to support the total health and wellness of individuals by providing collaborative care as a part of an integrated health care team through consultation, counseling, education, and advocacy. The Vision is to promote total wellness by improving behavioral health and relies on innovation, passion, respect, diversity, equality/equity, empowerment, and quality. Behavioral health providers (BHPs) provide the following core services to patients, staff, and the organization:

- ❖ Consultation with medical and dental providers;
- ❖ One-time encounters with patients in the exam room for resources/referrals or teaching of life skills;
- ❖ Meeting with patients before, during, or after a medical appointment for follow-up care;
- ❖ Meeting patients outside of medical appointments for individual or group counseling;
- ❖ Facilitation of mental health holds and crisis intervention;
- ❖ Case management and care coordination

STRIDE collaborates with four community behavioral health partners that provide the majority of the behavioral health staff at STRIDE. This relationship allows access to a breadth and depth of services and expertise that may not otherwise be available to STRIDE patients in a primary care setting. In addition, the relationship creates enhanced capacity for services at STRIDE and access to immediate behavioral health care all in one location for patients.

The Internship Experience

The intern at STRIDE is provided an immersive experience into primary care and that highlights the integration of behavioral health and health psychology into a health care delivery system. The majority of the internship focus is on the delivery of integrated care services to patients and working side by side with medical and dental providers. In addition, there are opportunities to work with other interdisciplinary departments to provide direct and programmatic services to patients, staff, and community partner organizations. The intern can also expect to be exposed to principles of population health management, community-based care, and health system integration. While the majority of training may focus on adult care, there are opportunities to

work with more specific populations such as older adult and pediatrics. Specific medical conditions/populations that will likely be opportunities for concentration include; diabetes, chronic pain/pain management, postpartum, obesity, and hypertension.

Elective Focus Areas:

- ❖ School based intervention
- ❖ Crisis counseling and emergency response
- ❖ Grant writing and management
- ❖ Program development, Traumatic grief and loss, Life skills development, Suicide prevention training and program leadership

***As an integrated primary care center, the intern at STRIDE is required to have a TB skin test. The intern is also strongly encouraged to receive a flu vaccine during their internship year and ensure all vaccines are up to date. TB test and vaccine(s) will be provided by STRIDE at no cost to the intern.**

Vail Health Behavioral Health (Formerly Eagle Valley Behavioral Health; Eagle County, CO)

1 Full Time Funded Position- Integrated Primary Care Track

1 Full-Time Funded Position- Sports Psychology Track

Location Information

Vail Health Behavioral Health (VHBH; Formerly Eagle County Behavioral Health) is a non-profit organization based in Vail, Avon, and Edwards, Colorado and provides services across Eagle County. Eagle County is an economically and ethnically diverse county situated in the mountains of central Colorado. The county includes the world-class ski towns of Vail and Beaver Creek, as well as the towns of Minturn, Avon, Edwards, Eagle, Gypsum, Basalt and surrounding areas. The annual population is currently 53,320. However, due to the influx of tourists and second homeowners, the resting population of our community can vary dramatically depending on the season. Our community is best known as home to two world-class ski resorts: Vail Resort and Beaver Creek Ski Resort. It is estimated that Vail alone receives over 1.6 million skier visits annually. Eagle County's population has increased 25% over the last ten years and is projected to increase to 60,579 (another 14%) by 2020. The local economy is driven by tourism, construction and ranching. The median household income level is \$72,214.

Organization:

The mission of VHBH is to lead community collaboration efforts to transform the Eagle Valley's behavioral health system. VHBH was created to integrate Eagle County's fragmented and inadequate behavioral health system. VHBH serves as a central hub for integration and coordination of all behavioral health resources, providers, and organizations, which previously

operated autonomously lacking in formal or systemic collaborative structure. VHBH strives to eliminate barriers and increase access to behavioral health care targeting all segments of the social, environmental, and healthcare continuum. VHBH acts as the central backbone organization in the Eagle River Valley to develop strategic plans for funding, implementing and measuring the impact of behavioral health initiatives, while leading community collaboration to transform our valley's behavioral health system. Our vision is to imagine a day in Eagle Valley when we spend as much time, effort and resources on our behavioral health as we do our physical health. In addition to community collaboration and system consultation, VHBH coordinates an internal, psychologically-informed, culturally-responsive Employee Behavioral Health Assistance program (EAP) and provides organizational consultation support for behavioral health organizations and service providers across our community.

Population Served

African American 1 %; American Indian 1 %; Asian American 1%; Euro-American 40 %; Hispanic American 54%; Mid-Eastern American 3%; Gay/Lesbian/Bisexual 15%; . Rural clients: 100%.

The Internship Experience

Interns at VHBH are engaged in a variety of behavioral health services offered through our organization with major areas of focus that strongly align with the areas of focus within COPIC: Behavioral Health Intervention, Community Consultation and Systems Collaboration, Supervision, and Psychological Assessment. VHBH is a leader and coordinator of several behavioral health collaborations, work groups, community-based initiatives, and is viewed as a central hub for the integration and coordination of all behavioral health resources, providers, and organizations within our community. Interns at VHBH have opportunities to engage in behavioral health systems collaboration at state and national systemic level through policy advocacy and leadership development with the Colorado Psychological Association. Interns will provide outpatient therapy through VHBH to the Eagle Valley Community. Additionally, there are **two separate tracks available for interns at VHBH**: integrated primary care (1 FT funded placements) and sport psychology (1 FT funded placement).

Integrated Behavioral Health/Primary Care Track (1 intern)

Interns placed with VHBH's Integrated Primary Care Track provide clinical services through Colorado Mountain Medical (CMM). CMM's interns primary clinical responsibilities include brief screenings and intervention, the provision of brief and solution-focused individual, family, couples, and group therapy with children, adolescents, and adults, and the provision of supervision to other trainees. Behavioral Health Intervention occurs at CMM via referrals for behavioral health services from Primary Care providers. Interns may also receive referrals for solution focused, short-term work from the employee assistance program (EAP) for Vail Health employees. CMM interns are also uniquely involved in a leadership role in many Community Consultation and Systems Collaboration opportunities. Interns will also have an opportunity for rotations focused on: integrated primary care, crisis and mobile co-response, critical incident debriefing, Latinx community engagement, public health collaboration, early childhood engagement, family and parent engagement, and school-based intervention services include: diabetes, chronic pain/pain management, postpartum, obesity, and hypertension.

Sport Psychology Specialty (1 Intern)

The sport psychology specialty intern will work to integrate behavioral health within a busy and dynamic Sports Medicine Clinic providing Physical Therapy, Occupational Therapy, Brain and Balance Care, and Sport Psychology services as a part of the Vail Health healthcare system. Interns are placed at the Edwards and Vail Clinics which are approximately 15 miles apart, thus interns are required to have access to reliable transportation to go between sites. Please note there are employee shuttles between sites that interns may use to go between clinics. Interns with previous experience in Sports Psychology are preferred, but previous experience is not required to apply for this position.

VHBH's use of sport psychology is aimed at helping eliminate stigma associated with the use of behavioral health and to increase access to behavioral health care by opening new doors within the healthcare continuum. Vail Health Behavioral Health works to develop strategic plans for implementing and measuring the impact of behavioral health initiatives, while leading community collaboration to transform our valley's behavioral health system. Our vision is to imagine a day in Eagle Valley when we spend as much time, effort and resources on our behavioral health as we do our physical health. In addition to community collaboration and system consultation, VHBH is a part of a community Employee Behavioral Health Assistance program (EAP) that serves multiple organizations in the Vail Valley.

The sport psychology specialty will see interns provide mental health, psychological assessment, and performance psychology services to sports medicine patients and regular consultation to sports medicine staff. Interns have opportunities to assist with psychological assessments used in the evaluation for pre-surgical screening and can expect to complete 8-12 full batteries during the training year. A typical day at VHBH includes post-surgical patients in the morning, attending interdisciplinary treatment team meetings and/or providing interdisciplinary consultation, and then conducting psychological assessments and participating in supervision in the afternoons.

Elective Focus Areas:

Elective training tracks are selected by the intern and can be selected for the year or on a semester basis. Possible elective areas of focus include:

- ❖ Crisis counseling and co-responder model of risk assessment
- ❖ Suicide prevention, mental health first aid, and community engagement
- ❖ Wellness, vicarious-trauma, and burn out prevention
- ❖ Early Childhood parenting classes, parent engagement, and psychological assessment
- ❖ Psychological Assessment (both adult and children available)
- ❖ Substance Abuse
- ❖ Community Outreach/Latinx Community Outreach
- ❖ Integrated Primary Care (CMM only)

- ❖ LGBTQ+ Community Engagement
- ❖ Research/Grant Writing/Development
- ❖ Orthopedic Surgery: Observation of orthopedic surgeries (Howard Head only)
- ❖ Alpine Skiing Events: Interns who are capable of skiing may provide consultation during alpine skiing events (Howard Head only)
- ❖ Pain Management

Consortium Contact Information

For more information about CO-PIC please visit www.co-pic.org or feel free to contact:

Stacie Freudenberg, Psy.D.
CO-PIC Training Director
stacie@mybrightfuture.org

Supervising Faculty Contact Sheet

Bright Future Foundation

Primary Site Supervisor: Stacie Freudenberg, Psy.D. - stacie@mybrightfuture.org
Office: 970-763-7205

STRIDE Community Health Center

Primary Site Supervisor: Yvonne Del Zenero, Ph.D.. – Yvonne.Delzenero@stridehc.org
Office: 303-360-6276 Ext. 3309

Eagle Valley Behavioral Health

Primary Supervisor: Harlan Austin, Ph.D.- Harlan.austin@vailhealth.org

Site Director: Casey Wolfington, Psy.D. – Casey.Wolfington@Vailhealth.org
Office: 970-668-6887

Your Hope Center

Primary Site Supervisor: Teresa Haynes, Psy.D.- teresa@yourhopecenter.org
Office: 970-306-4673

Code-4 Counseling

Primary Site Supervisor: Sara Metz, Psy.D.- sara@code4counseling.com
Office: 303-517-1516

Secondary Site Supervisor: Cari Cornish, Ph.D.- Cari@code4counseling.com
Office: 303-887-1194

CO-PIC Didactic Policy

Attendance at the weekly Didactic seminar, group supervision, and other scheduled group training activities are mandatory for all interns in the Colorado Psychology Internship Consortium and are required for successful completion of the internship. Attendance at these scheduled activities take priority over other site obligations each week.

A schedule for didactics and supervisions will be distributed at the beginning of each training year and may be updated throughout the year. Attendance at each seminar and supervision meeting is tracked by CO-PIC. An intern is permitted no more than three absences during the calendar year. Missing one full day of scheduled didactics and supervision constitutes as one absence. Similarly, missing one hour of supervision or one hour of didactics in any given day may also constitute one full absence, unless previously approved by the Training Director as an exception. After the second absence, interns will receive a written warning from the Training Director. After the third absence, the Training Director will initiate the CO-PIC Due Process procedures. When missing a seminar, interns must discuss the absence with their Primary Supervisor and the Training Director via email, as soon as they are aware they will miss a didactic or didactic day.

Interns who miss didactic or supervision because of a serious emergency, or for a serious illness should alert the Primary Supervisor and Training Director as soon as possible via email. Whether these absences are counted towards the maximum of three allowable absences will be decided on a case-by-case basis. For all didactic absences, interns must submit a 1-2 page review of a research article related to the didactic or supervision topic. This review must be submitted to the Primary Supervisor and Training Director and is due one week from the absence.

Dissertation and Professional Leave Policy

The Colorado Psychology Internship Consortium is an intensive program which seeks to provide comprehensive training to doctoral interns and is devoted to intern's professional development. Interns are allotted five days of professional leave for dissertation defense, conference attendance, and other professional activities; provided that this leave does not prevent the intern from completing the 2000 hour training requirement. Dates of leave must be pre-approved by the intern's primary supervisor as well as the CO-PIC Training Director. Any specific questions regarding this policy can be directed to primary site supervisors and/or the CO-PIC Training Director.

Diversity and Non-Discrimination Policy

The Colorado Psychology Internship Consortium strongly values diversity and believes in creating an equitable, hospitable, appreciative, safe, and inclusive learning environment for its interns. Diversity among interns and supervisors enriches the educational experience, promotes personal

growth, and strengthens communities and the workplace. Every effort is made by COPIC to create a climate in which all staff and interns feel respected, comfortable, and in which success is possible and obtainable. CO-PIC strives to make every effort to increase awareness, dispel ignorance, and increase comfort with multicultural experiences. CO-PIC's training program includes an expected competency in diversity training, and multiple experiences are provided throughout the year to be sure that interns are both personally supported and well-trained in this area.

CO-PIC welcomes applicants from diverse backgrounds. The training program believes that a diverse training environment contributes to the overall quality of the program. CO-PIC provides equal opportunity to all prospective interns and does not discriminate because of a person's race, color, religion, sex, national origin, age, disability, sexual orientation, gender identity, or any other factor that is not directly relevant to success as a psychology intern. Applicants are individually evaluated in terms of quality of previous training, practicum experiences, and fit with the internship. If an applicant or intern requires accommodations, he or she should contact the internship training director to initiate this process.

Diversity Recruitment and Retention Plan

CO-PIC's Diversity and Non-Discrimination Policy states, "The Colorado Psychology Internship Consortium strongly values diversity and believes in creating an equitable, hospitable, appreciative, safe, and inclusive learning environment for its interns. Diversity among interns and supervisors enriches the educational experience, promotes personal growth, and strengthens communities and the workplace." In an effort to enhance the diversity of the training program, CO-PIC has created a formal Diversity Recruitment Plan to support the recruitment and retention of diverse interns and staff.

Interns

The CO-PIC Diversity and Non-Discrimination Policy states, "CO-PIC welcomes applicants from diverse backgrounds. The Consortium believes that a diverse training environment contributes to the overall quality of the program. CO-PIC provides equal opportunity to all prospective interns and does not discriminate because of a person's race, color, religion, sex, national origin, age, disability, or any other factor that is irrelevant to success as a psychology intern. Applicants are individually evaluated in terms of quality of previous training, practicum experiences, and fit with the internship." CO-PIC is also proactive about seeking diversity in its intern cohorts. In an effort to systematize its recruitment and retention of diverse applicants, COPIC will undertake the following:

- ❖ CO-PIC maintains its Diversity and Non-Discrimination Policy on its public website, and includes information about its focus on Diversity training in its Student Brochure.
- ❖ CO-PIC maintains a required competency on diversity issues in its training curriculum and multiple experiences are provided to each cohort to ensure that interns are both personally supported and well-trained in this area. These experiences include, but not be limited to, an emphasis on specific training experiences focusing on treatment of diverse populations and a required one hour weekly didactic multicultural seminar. The multicultural seminar addresses

issues related to diversity, cultural sensitivity, and competence, including, but not limited to the racial/identity developmental models. It is intended to support continued development of multicultural competence by fostering an appreciation for culture and individual difference among clinicians; developing insight into clinicians' own multicultural identity and the limits of one's worldview; understanding of multiculturalism; facilitating better care to clients of the CO-PIC consortium sites by addressing cultural components of difficult cases; and creating a rich learning environment for continued progress toward multicultural competency. CO-PIC evaluates its interns on their achievement of competence in this area through ongoing supervision as well as written evaluations.

Staff

CO-PIC places a high value on the representation of diversity within the staff of its training sites. In an effort to systematize its recruitment and retention of diverse staff, CO-PIC will undertake the following:

- ❖ CO-PIC will post staff openings on diversity-related listservs and newsletters, such as those of APA's Divisions 44 and 45.
- ❖ CO-PIC will maintain information on its public website (located on the welcome page) highlighting the program's commitment to and focus on diversity in its staff hiring practices, and will welcome interested applicants to contact the faculty to discuss openings.
- ❖ CO-PIC will create employment opportunities for its past interns, as positions are available and appropriate. The CO-PIC interns are drawn from a highly diverse applicant pool and several specific strategies are utilized to ensure the recruitment of diverse interns, as described above. This strategy will promote access to staff that are representative of the diversity that is sought in the intern recruitment process.
- ❖ CO-PIC will provide opportunities for experience and continuing education around topics of diversity for its staff as funding allows.